

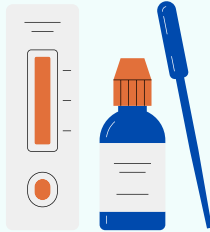
Our Mission

The **We Got Us Empowerment Project** is a grassroots collective of Black community members, health professional students, college students, high school youth, health professionals, and allies dedicated to improving the health of our communities through the following pillars:



Our Pillars

Access
Education
Healing



For more information about health resources, COVID-19 support, and We Got Us, feel free to scan the QR code below!



For more info visit wegotusproject.org
Follow us @wegotusproject

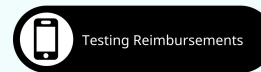
Getting a COVID Test

Where can I get a COVID Test?

COVID testing is **widely available** throughout Massachusetts. **Depending on the type of COVID test you need (PCR or Antigen), you may need to look in slightly different places. Read below for more information on where to find the test you are looking for.**

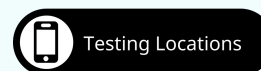
Looking to get an antigen test?

These **at-home, fast-result tests** can be **purchased** at most **pharmacies, online,** and can even be found for free at **some community health centers.** *If you cannot afford these tests, please scan the QR on the right.



Looking to get an PCR test?

These **high-precision tests** usually need to be completed in a healthcare setting. **Please scan the QR code on the right to search for a testing site near you.**



COVID-19 Testing Information



Types of Tests

What is the difference between PCR and Antigen (Rapid) Tests?

PCR Tests

PCR Tests (A.K.A. Polymerase Chain Reaction Tests) **work by making millions to billions of copies of viral-related DNA**, if there is any to be found in your body. It will detect even a small amount of viral DNA and **a test is rarely wrong if positive**. This form of testing is relatively slow and **rarely takes less than 24 hours**. These tests can be conducted by nasal swab or a saliva sample.



Antigen Tests

Antigen tests also **work by detecting viral-related DNA**. This form of testing is fast and can **results can come in minutes**. However, it should be noted that **these tests are much less sensitive than PCR tests**. More viral DNA is needed to get a positive antigen test. These tests are **usually reliable and can be purchased for at-home use**. These tests are usually conducted by nasal swab.

Source:

<https://covid19.nj.gov/faqs/nj-information/testing-and-treatment/what-type-of-covid-19-test-should-i-get-and-when-should-i-get-it-whats-the-difference-between-a-molecular/pcr-antigen-and-antibody-test>

COVID-19 Testing

When Should I Get Tested? And what test should I get?

You should test for COVID:

- If you develop any **COVID symptoms (fever, cough, fatigue, loss of taste/smell, etc.)**
 - PCR or Antigen
- 5 days following a **close contact** with someone who tested positive for COVID-19
 - PCR or Antigen
- For **screenings** (school, work, gathering, etc.)
 - PCR or Antigen
- Before & after **travel** (domestic & international)
 - *Check before as requirements can differ
- Anytime you would like to get tested

I already got COVID, do I need to test again?

It is **possible** for a person to test positive for COVID-19 up to three months after the initial infection. ***These individuals are not contagious**. In this 3-month period it may not be necessary to test, please speak to your healthcare provider to be sure. Beyond, this 3-month period, you can test **whenever you need/want**.

Is my DNA collected after a COVID Test?

No, COVID Tests simply test for the presence of **SARS-CoV-2 DNA** and all biological material is then **destroyed**.

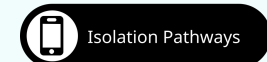
Source:

- 1) <https://www.mass.gov/info-details/about-covid-19-testing#what-are-the-different-types-of-covid-19-testing?>
- 2) <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html>
- 3) <https://www.mass.gov/info-details/using-a-covid-19-self-test>
- 4) <https://www.cdc.gov/coronavirus/2019-ncov/testing/self-testing.html>

Testing FAQs

My Test was Positive

1. Call your healthcare provider **right away** and begin to **isolate from others**
*******Contacting a provider is important as you may be eligible for COVID-19 treatments such as Paxlovid
2. Isolate for a **minimum** of 5 days, regardless of vaccination status
3. **Monitor** your symptoms and **notify** close contacts
4. After 5 days, you **may be able to** leave isolation depending on your symptoms and vaccination status. **Scan the QR code below to see your isolation pathway.**



My Test was Negative

- If your PCR test is negative, it is very likely you **do not** have COVID-19. If you still feel sick after, feel free to contact your healthcare provider.
- If your rapid test is negative and you still feel sick, it might be best to test a couple times to be sure that you do not have COVID as these tests are not as sensitive as a PCR test. If you still feel sick, feel free to contact your healthcare provider.

Source:

<https://www.nebraskamed.com/COVID/your-n95-respirator-guide-the-right-way-to-wear-and-reuse>